



# Army Substance Abuse Program

Mission: Enhance military readiness and strengthen overall fitness and well being through deterrence of substance abuse.



Risk Reduction Program



**U.S. ARMY GARRISON GRAFENWOEHR** 

# **ASAP FUNCTIONS**

# BIOCHEMICAL

NG

EMPLOYEE ASSISTANCE PROGRAM





# ARMY SUBSTANCE ABUSE PROGRAM One Drink Too Many



The #1 Substance Abuse problem is Alcohol – Army-wide.

Alcohol-related crashes are the #1 cause of death among Americans between ages 18 and 30.

The greater the blood alcohol concentration the greater the risk of being involved in a crash.





## ARMY SUBSTANCE ABUSE PROGRAM You Are Drinking.....How Much?

- 1.5 ounce glass of distilled spirits, one 5 oz. glass of wine, one 12 oz. can of beer all contain the SAME amount of alcohol
- A drink with 80-proof distilled spirits would contain 40% PURE alcohol
- A woman who consumes 2 oz. of alcohol could possibly experience about the SAME effects as a man who consumes 4 oz.





# **Myths and Facts**

#### Myth: I can only get a DUI if my Blood Alcohol Content (BAC) level is .08 or higher

Fact: In Germany, BAC level for DUIs is .05 or higher

## Myth: I can use any chemical product, contrary to its intended purpose, if the chemical product is legal.

Fact: Chemicals used contrary to their intended purpose are punishable under UCMJ and/or administrative action (e.g. used as inhalants, hemp products, cold medication)

## Myth: I cannot be separated for a DWI/DUI, my command will only send me to the ASAP Counseling Center

Fact: Soldiers who are involved in two serious incidents of alcohol-related misconduct in a 12-month period will be processed for separation; additionally, administratively separated with two DWI/DUIs in their military career unless retained by a GO

#### Myth: Its Ok to sleep it off in my car

Fact: In Germany, you can be arrested for DUI even if the keys are not in the ignition

### Myth: My unit commander is the retention authority for all of my illicit drug positives

Fact: The first General Officer in the Soldier's chain of command is the retention or separation authority for more than one illicit drug positive





# ARMY SUBSTANCE ABUSE PROGRAM

Deter Substance Abuse through Preventive Education; specifically, provide the best Prevention Education and Treatment Services possible is our Goal!

> ALCOHOL & DRUG CONTROL OFFICE MAIN POST (GRAF) – BLDG 206 475-6658

ASAP COUNSELING CENTER ROSE BARRACK (VILS) – BLDG 223, 3<sup>RD</sup> FLOOR 476-1710