



Army Substance Abuse Program

Mission: Enhance military readiness and strengthen overall fitness and well being through deterrence of substance abuse.



Risk Reduction Program



U.S. ARMY GARRISON GRAFENWOEHR

ASAP FUNCTIONS

BIOCHEMICAL

NG

EMPLOYEE ASSISTANCE PROGRAM





ARMY SUBSTANCE ABUSE PROGRAM One Drink Too Many



The #1 Substance Abuse problem is Alcohol – Army-wide.

Alcohol-related crashes are the #1 cause of death among Americans between ages 18 and 30.

The greater the blood alcohol concentration the greater the risk of being involved in a crash.





ARMY SUBSTANCE ABUSE PROGRAM You Are Drinking.....How Much?

- 1.5 ounce glass of distilled spirits, one 5 oz. glass of wine, one 12 oz. can of beer all contain the SAME amount of alcohol
- A drink with 80-proof distilled spirits would contain 40% PURE alcohol
- A woman who consumes 2 oz. of alcohol could possibly experience about the SAME effects as a man who consumes 4 oz.





Myths and Facts

Myth: I can only get a DUI if my Blood Alcohol Content (BAC) level is .08 or higher

Fact: In Germany, BAC level for DUIs is .05 or higher

Myth: I can use any chemical product, contrary to its intended purpose, if the chemical product is legal.

Fact: Chemicals used contrary to their intended purpose are punishable under UCMJ and/or administrative action (e.g. used as inhalants, hemp products, cold medication)

Myth: I cannot be separated for a DWI/DUI, my command will only send me to the ASAP Counseling Center

Fact: Soldiers who are involved in two serious incidents of alcohol-related misconduct in a 12-month period will be processed for separation; additionally, administratively separated with two DWI/DUIs in their military career unless retained by a GO

Myth: Its Ok to sleep it off in my car

Fact: In Germany, you can be arrested for DUI even if the keys are not in the ignition

Myth: My unit commander is the retention authority for all of my illicit drug positives

Fact: The first General Officer in the Soldier's chain of command is the retention or separation authority for more than one illicit drug positive





ARMY SUBSTANCE ABUSE PROGRAM

Deter Substance Abuse through Preventive Education; specifically, provide the best Prevention Education and Treatment Services possible is our Goal!

> ALCOHOL & DRUG CONTROL OFFICE MAIN POST (GRAF) – BLDG 206 475-6658

ASAP COUNSELING CENTER ROSE BARRACK (VILS) – BLDG 223, 3RD FLOOR 476-1710